

Winter Series 6 pack 2019 – 2020



Races include:

- Oct 26, 2019 - Big Dog Howl 5K @ 8 pm
- Nov 23, 2019 – Beat the Bird 5K @ 9 am
- December 21, 2019 - Big Dog Jingle 5K @ 9 am
- January 18, 2020 - MLK 5K @ 10 am
- February 1, 2020 -SuperBowl 5K or 10K @10 am (circle one)
- March 14, 2020 - St Paddy's 5K @ 6:30 pm

Check the races you plan to run and the distance on the SuperBowl race

Registration Fees (check the box that applies): \$150 CRR Members \$170 Nonmember

Prices include entry into all races, shirt or goodie for races plus a Winter Series Shirt, chip timing & Awards.

Awards: Series awards will be given at the end of the Series along with a Celebration Party in March. There will be Awards for top 3 overall, Masters, winner in 10 year age groups - all male & female - based on a point system. Series participants will receive a pint glass for finishing each individual race. You must run to receive the glass. Glass will be given out at the end of each individual race.

Registration: Register at Big Dog Running Co store, complete this form & mail to the address below, or register online at RunSignUp.com.

First name: _____ Last Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Date of Birth: _____ Male Female Phone: _____ Email: _____

Shirt Size (please check one):
Men: Small Medium Large X-Large XXL
Women: Small Medium Large X-Large
Youth: Small Medium Large

Waiver/Release Statement (please read and sign below):

In consideration of acceptance of this entry, I hereby, for myself, my heirs, my executors, and administrators, waive any and all rights and claims for illness, injuries, or damages I may have against the Columbus Roadrunners, and it's officers, directors, and members, volunteers, employees, agents, sponsors or race director. None of the above is responsible for loss of personal items, or any form of aggravation in connection with said event. I fully understand that my participation is a completely voluntary undertaking of my own choosing and I fully understand that in doing so I assume full responsibility for all damages or injuries incurred by me in connections with this event. I give permission for the free use of my name or photograph in any broadcast or print account of this event. I am in proper physical condition to participate in this event. I certify that I carefully read this release and know the contents.

Participant's Signature: _____

Parent/guardian if participant is under 18 years old: _____

Mail completed & signed entry form with payment to:

Columbus Roadrunners POB 9734 Columbus Ga 31908